



# Roar Staff Group Reflective Practice Agreement



**Group Lead(s):**

*This agreement is in place and designed to be a tool that will underpin and maintain good group reflective practice. It will be completed in partnership between the group leads and members of the group and reviewed periodically. Having an agreed contract in place allows for members to feel they are in a safe, supported, and confidential environment. The points below should help with setting the group agreement.*

## Reflective Group Practicalities

Frequency

Location

Duration

Who attends this group?

As a group, what do we do if someone new wants to join?

If a member doesn't attend the reflective practice for a while due to work or other demands, our approach will be...

## Content

At each meeting, how we will focus our agenda?

Is any prep work needed before reflective groups?

Priority areas for regular discussion

## Making it work

Why do we want reflective group practice?

What do you want from us as group leads?

What do we expect from you as attendees?

What should we do if a safeguarding concern needs to be raised outside of the group?

How will notes be taken at each meeting using the template?

What can we do if tension or conflict arises within the group collectively?