



Roar Staff Group Reflective Practice Agreement



Group Lead(s):

This agreement is in place and designed to be a tool that will underpin and maintain good group reflective practice. It will be completed in partnership between the group leads and members of the group and reviewed periodically. Having an agreed contract in place allows for members to feel they are in a safe, supported, and confidential environment. The points below should help with setting the group agreement.

Reflective Group Practicalities

Frequency

Location

Duration

Who attends this group?

As a group what do we do if someone new wanted to join?

If a member doesn't attend reflective practice for a while due to work or other demands, our approach will be...

Content

At each meeting how we will focus our agenda?

Is any prep work needed prior to reflective groups?

Priority areas for regular discussion

Making it work

Why do we want reflective group practice?

What do you want from us as group leads?

What does we expect from you as attendees?

If a safeguarding concern needs to be raised outside of the group what should we do?

How will notes be taken at each meeting using the template?

If tension or conflict arises within the group, what can we do collectively?